

# The MYSTICVERSE

*Digest*

Issue 01 | Volume 01 | November 2025

*Conscious Living*

Launch Edition

Meet the New Faces in Healing  
& Spiritual Leadership

Top 10 Wellness Retreats in Asia for 2025

Corporate Mindfulness 2.0:  
How Companies are Bringing Wellness To Work



Why Modern Minds are Turning to

# Ancient Wisdom